

Important information about your medicines



This card contains important information about one of the medications you have been prescribed.

Please read it carefully and show it to any healthcare professionals who may be providing treatment for you.

It is a good idea to carry this [steroid interaction card](#) with you at all times so that you can show this to your doctor, pharmacist or nurse.

You have been prescribed a medication (protease inhibitor, cobicistat or ritonavir) that interacts with certain steroid preparations.

The medicine that you are taking which interacts with a steroid is called _____.

Taking certain steroids alongside your medication can result in **serious complications** as a result of producing **very high steroid levels** in the body.

If you think you may be taking a steroid or have been given a steroid (some examples below) please contact your clinic for advice as soon as possible.

If you are about to be prescribed, administered or buy a steroid preparation **please check that they do not contain the following** or contact your clinic for advice:

Active ingredient	Some examples of steroids, available brands and formulations**
Fluticasone	Allergy nasal sprays: Flixonase®, Avamys® and Pirinase® Inhalers: Flixotide®, Seretide®, Flutiform®, and Relvar Ellipta®.
Mometasone	Elocon® cream/ointment/lotion Nasonex® nasal spray
Budesonide	Pulmicort® inhaler, Symbicort® inhaler Entocort® tablets, Budenofalk® tablets
Dexamethasone	Maxidex® eye drops, Maxitrol® eye ointment, Otomize® ear spray, tablets and liquids
Triamcinolone	Kenalog® Injection, Adcortyl® Injection, Nasacort® nasal spray, Aureocort® ointment

**** Please note this is NOT a complete list of steroids – ALWAYS check with your doctor or pharmacist**

Steroids are available in many forms – tablets, inhalers, eye/ear drops, nose drops or sprays, skin ointments/creams and injections. They are available under many different brand names. This may make it difficult for you to recognise that you have been prescribed or have purchased a steroid over the counter from a pharmacy.

Some examples of steroid preparations that may be preferably used include:

- Inhalers or allergy nasal sprays containing beclomethasone (e.g. Qvar[®], Becotide [®], Beconase [®] or Fostair [®])

For further information please ask your clinic doctor or pharmacist. Alternatively you can contact your local Medicines Information department or visit www.hiv-druginteractions.org