

Lamivudine | (generic)

This leaflet is designed to give you a general idea of the most important things you need to know about your new medicine. It is not supposed to replace the manufacturer's leaflet that comes with the medicine but is intended to be read alongside it. After reading this leaflet if you have any questions please ask your clinic team.

Clinic contact details:

What is lamivudine?

Lamivudine is a tablet used to treat HIV. The colour and shape may vary depending on the manufacturer as it is a generic medicine. This medicine is used in combination with other medicines for the treatment of HIV. Please speak to your clinic team if you would like more information about how these drugs work.

How should I take lamivudine?

- The recommended dose is: ONE tablet taken at the same time ONCE a day with or without food.
- If you vomit within 2 hours take another dose. If you continue to vomit please contact your clinic.
- Please do not crush, if you have trouble swallowing this tablet please contact your clinic team.
- Please ensure you bring a supply of your HIV medicines if you are being admitted to hospital to ensure you are prescribed the correct medication and that you do not miss any doses.

What if I miss a dose?

HIV medicines work best if there is a constant amount of the medicine in your body. If you are worried about forgetting to take your medicines, speak to your clinic team.

Occasionally you may forget a dose. If this happens, please follow the guidance below and speak with your clinic as soon as possible for advice.



- If you miss a dose, take it as soon as you remember (within 12 hours).
- If it is almost time for your next dose, skip the missed dose and take your next dose at your usual time. Speak to your clinic if you are missing multiple doses as they may be able to support you.
- Never take a double dose to make up for the missed one.

What are the common side effects with lamivudine?

If you experience any side effects, and either they are troubling you or you develop any new symptoms after you start lamivudine, do not stop taking your medication, instead please contact your clinic team so they can discuss other treatment options with you and/or advise you how to stop safely.

Some examples of the most common side effects are listed below (for a full list of side effects please check the manufacturer information leaflet):



“Head” side effects: Headache, trouble sleeping (insomnia), feeling tired (fatigue)



“Stomach” side effects: feeling sick (nausea), vomiting, diarrhoea, stomach pain & cramps



Changes in blood tests: Changes to some of your liver tests



Other: cough, nasal symptoms, rash, hair loss, joint pain, high temperature (fever)

Can I take HIV medication if I’m pregnant or breastfeeding?

If you become pregnant or are planning to start a family, do not stop taking your medication. Speak to your clinic so that your care can be managed appropriately. It is important you are on effective treatment to reduce the risk to your unborn child.

What medicines should I avoid with lamivudine?

Lamivudine is a medicine that generally can be taken with most other medicines. It is important that you tell anyone prescribing you medication about any medicines you are taking. This includes prescribed medicines, recreational or party drugs, and/or supplements you buy over the counter.