

Juluca® | (dolutegravir and rilpivirine)

This leaflet is designed to give you a general idea of the most important things you need to know about your new medicine. It is not supposed to replace the manufacturer's leaflet that comes with the medicine but is intended to be read alongside it. After reading this leaflet if you have any questions please ask your clinic team.

Clinic contact details:

What is Juluca?

Juluca is a pink, oval shaped tablet with 'SV J3T' on one side. It contains two HIV medicines, dolutegravir and rilpivirine.

Usually this medicine is used alone for the treatment of HIV.

Please speak to your clinic team if you would like more information about how these drugs work.



How should I take Juluca?

- The recommended dose is: ONE tablet ONCE a day **with a main meal**.
- Juluca must be taken with a main meal to ensure that it is absorbed adequately. A nutritional or protein-rich drink is not enough when taking Juluca.
- If you vomit within 4 hours of taking Juluca, take another dose with a meal. If you continue to vomit please contact your clinic.
- Please do not crush, if you have trouble swallowing this tablet please contact your clinic team.
- Please ensure you bring a supply of your HIV medicines if you are being admitted to hospital to ensure you are prescribed the correct medication and that you do not miss any doses.

What if I miss a dose?

HIV medicines work best if there is a constant amount of the medicine in your body. If you are worried about forgetting to take your medicines, speak to your clinic team.

Occasionally you may forget a dose. If this happens, please follow the guidance below and speak with your clinic as soon as possible for advice.



- If you miss a dose of Juluca and remember within 12 hours of the time you usually take it, take it **with a main meal** as soon as possible.
- If you notice 12 hours or more after the time you usually take Juluca, then do not take the missed dose. Wait and take the next dose, with food, at your usual time.
- Never take a double dose to make up for the missed one.

What are the common side effects with Juluca?

If you experience any side effects, and either they are troubling you or you develop any new symptoms after you start Juluca, do not stop taking your medication, instead please contact your clinic team so they can discuss other treatment options with you and/or advise you how to stop safely.

Some examples of the most common side effects are listed below (for a full list of side effects please check the manufacturer information leaflet):

-  'Stomach' side effects such as feeling sick, vomiting, diarrhoea, stomach pain
-  'Head' side effects such as headache, trouble sleeping (insomnia), abnormal dreams, dizziness, tiredness, low mood
-  Other side effects such as rashes, weight gain, muscle pain, raised cholesterol levels and changes in some of your liver tests.

Can I take Juluca if I'm pregnant or breastfeeding?

If you become pregnant or are planning to start a family, do not stop taking your medication. Speak to your clinic so that your care can be managed appropriately. It is important you are on effective treatment to reduce the risk to your unborn child.

What medicines should I avoid with Juluca?

It is important that you tell anyone prescribing you medication about any medicines you are taking. This includes prescribed medicines, recreational or party drugs, and/or supplements you buy over the counter. Always tell your clinic team if you are taking (note this is not an exhaustive list of medicines):

Medicine	Why this is important
Drugs that affect stomach acid (e.g omeprazole, ranitidine, Gaviscon)	<p>Juluca needs an acid environment in the stomach to be absorbed. Drugs that reduce stomach acidity, such as omeprazole, lansoprazole (proton pump inhibitors) can stop Juluca from being absorbed properly.</p> <p>The H2-receptor antagonist famotidine be an alternative to proton pump inhibitors and can be taken with Juluca but must be taken ONCE daily and at least 4 hours after or 12 hours before taking Juluca.</p> <p>Antacids (for indigestion) should not be taken at the same time as Juluca. If needed antacids should be taken 6 hours before or 4 hours after Juluca. Please ensure your clinic team is aware you are on Juluca before they provide these medicines.</p>
St John's Wort (herbal remedy used to treat depression)	Do not use this medicine as it reduces levels of Juluca in the body, stopping it from working.
Metformin (a prescribed medicine for blood sugar)	Juluca increases levels of metformin, which can impact your kidneys. Speak to your clinic team if you are taking metformin.
Calcium, iron, magnesium, zinc, aluminium and multivitamins	Juluca can be taken at the same time as these supplements if you take both together with food. If taken without food, supplements containing calcium, iron or magnesium should be taken 4 hours after your dose of Juluca, or 6 hours before your dose of Juluca.
Rifampicin, carbamazepine, enzalutamide	These can reduce the levels of Juluca in the body, stopping it from working. Please ensure your doctor is aware you are on Juluca before they prescribe these medicines.