

Fostemsavir | (Rukobia)

This leaflet is designed to give you a general idea of the most important things you need to know about your new medicine. It is not supposed to replace the manufacturer's leaflet that comes with the medicine but is intended to be read alongside it. After reading this leaflet if you have any questions please ask your clinic team.

Clinic contact details:

What is Fostemsavir?

Fostemsavir is a beige, film-coated, oval tablet with 'SV 1V7' on one side.

Fostemsavir is used in combination with other medications for the treatment of HIV. Please speak to your clinic doctor or pharmacist if you would like more information about how these drugs work.



How should I take Fostemsavir?

- The recommended dose is one 600mg tablet twice a day.
- You can take fostemsavir with or without food.
- If you vomit within 2 hours of taking your fostemsavir, take another tablet and then take the next dose as usual. Contact your clinic team if you continue to vomit.
- If you have trouble swallowing, please contact your clinic team, fostemsavir should not be chewed, crushed, or split.
- Please ensure you bring a supply of your anti-HIV drugs if you are being admitted to hospital to ensure you are prescribed the correct medication and that you do not miss any doses.

What if I miss a dose?

HIV medicines work best if there is a constant amount of the medicine in your body. If you are worried about forgetting to take your medicines, speak to your clinic team.

Occasionally you may forget a dose. If this happens, please follow the guidance below and speak with your clinic as soon as possible for advice.



- If you miss a dose take the missed dose as soon as you remember.
- If it is almost time for the next dose, then skip the delayed dose and take the next one at your usual time.
- Never take a double dose to make up for the missed one.

What are the common side effects with Fostemsavir?

If you experience any side effects, and either they are troubling you or you develop any new symptoms after you start fostemsavir, do not stop taking your medication, instead please contact your clinic team so they can discuss other treatment options with you and/or advise you how to stop safely.

Some examples of the most common side effects are listed below:



'Head' side effects: headache, trouble sleeping (insomnia), abnormal dreams, dizziness



'Stomach' side effects: stomach discomfort and pain, wind (flatulence), vomiting



Other side effects including rash, itching (pruritis), tiredness, change in taste and muscle pain.

What medicines should I avoid with Fostemsavir?

It is important that you tell anyone prescribing you medication about any medicines you are taking. This includes prescribed medicines, recreational or party drugs, and/or supplements you buy over the counter. Always tell your clinic team if you are taking any of the following (note this is not an exhaustive list of medicines):

Medicine	Why you need to know?
Oral contraceptives containing ethinyl estradiol.	Fostemsavir can increase the risk of side effects from these medicines and an alternative contraceptive may need to be chosen.
'Statin' medication such as rosuvastatin, atorvastatin, pitavastatin, simvastatin.	Fostemsavir can increase the risk of side effects from these medicines and the statin dose may need to be decreased
St John's Wort (a herbal remedy used to treat depression) Anti-TB drugs: Rifampicin & rifabutin Anti-seizure medicines e.g. carbamazepine, phenytoin. (Carbamazepine is also sometimes used to treat pain.) Treatment for prostate cancer: Enzalutamide	These medicines reduce levels of fostemsavir in the body, stopping it from working. Please ensure your doctor is aware you are on fostemsavir before they prescribe these medicines.