

Dovato[®]

(dolutegravir, lamivudine)

This leaflet is designed to give you a general idea of the most important things you need to know about your new medicine. It is not supposed to replace the manufacturer's leaflet that comes with the medicine but is intended to be read alongside it. After reading this leaflet if you have any questions please ask your clinic team.

Clinic contact details:

What is Dovato?

Dovato is a white oval tablet with SV 137 on one side, and no markings on the other side.



Usually this medicine is used alone for the treatment of HIV.

Please speak to your clinic team if you would like more information about how these drugs work.



How should I take Dovato?

- The recommended dose is: ONE tablet ONCE a day
- If you vomit within 2 hours take another dose. If you continue to vomit please contact your clinic.
- Please do not crush, if you have trouble swallowing this tablet please contact your clinic team.
- Please ensure you bring a supply of your HIV medicines if you are being admitted to hospital to ensure you are prescribed the correct medication and that you do not miss any doses.

What if I miss a dose?

HIV medicines work best if there is a constant amount of the medicine in your body. If you are worried about forgetting to take your medicines, speak to your clinic team.

Occasionally you may forget a dose. If this happens, please follow the guidance below and speak with your clinic as soon as possible for advice.



- If you miss a dose of Dovato and remember within 20 hours of the time you were due to take it, take a dose as soon as possible and then take your next dose at the usual time.
- If you remember within 4 hours of your next dose (after 20 hours), just take the next dose at your usual time.
- Never take a double dose to make up for the missed one.

What are the common side effects with Dovato?

If you experience any side effects, and either they are troubling you or you develop any new symptoms after you start Dovato, do not stop taking your medication, instead please contact your clinic team so they can discuss other treatment options with you and/or advise you how to stop safely.

Some examples of the most common side effects are listed below (for a full list of side effects please check the manufacturer information leaflet):



'Stomach' side effects such as feeling sick (nausea), vomiting, diarrhoea, abdominal pain.



'Head' side effects: headache, dizziness, tiredness, low mood, anxiety, insomnia and abnormal dreams.



Other side effects: muscle pain, rash, changes in liver function tests, increased weight.

What medicines should I avoid with Dovato?

It is important that you tell anyone prescribing you medication about any medicines you are taking. This includes prescribed medicines, recreational or party drugs, and/or supplements you buy over the counter. Always tell your clinic team if you are taking (note this is not an exhaustive list of medicines):

Medicine	Why this is important
Calcium, iron, magnesium, zinc, aluminium and multivitamins containing these.	Dovato can be taken at the same time as calcium, iron, magnesium and zinc if you take both together with food . If taken without food, supplements containing calcium, iron, magnesium or zinc should be taken 2 hours after your dose of Dovato, or 6 hours before your dose of Dovato.
Antacids (indigestion remedies) containing magnesium and aluminium	Antacids containing magnesium and aluminium should be taken 2 hours after your dose of Dovato, or 6 hours before your dose of Dovato.
St John's Wort (herbal remedy used for mood)	Do not use this medicine as it reduces levels of Dovato in the body, stopping it from working.
Metformin (a prescribed medicine for blood sugar)	Dovato increases levels of metformin, which can impact your kidneys. Speak to your clinic team if you are taking metformin.
Treatment for prostate cancer: Enzalutamide	Do not use this medicine as it reduces levels of Dovato in the body, stopping it from working. Please ensure your doctor is aware you are on Dovato before they prescribe enzalutamide. If you require treatment with enzalutamide speak to your clinic team.

Can I take Dovato if I'm pregnant or breastfeeding?

If you become pregnant or are planning to start a family, do not stop taking your medication. Speak to your clinic so that your care can be managed appropriately. It is important you are on effective treatment to reduce the risk to your unborn child.